

道

TAE YUDANSHA RESIDENTIAL SEMINAR

MAY 24-26 2024 BRUGGE, BELGIUM

SEMINAR THEME:

FROM KIHON TO OYO WAZA
+ AIKI-KEN: 5 KUMITACHI



LEWIS BERNALDO DE QUIROS

7TH DAN AIKIKAI / DIRECT STUDENT OF MORIHIRO SAITO SENSEI

Schedule:

The training will take place in two locations which are close to each other in Brugge:

Hall A: Sports Center, Nijverheidsstraat 112, 8310 Brugge (Friday evening and Sunday morning)

Hall B: Sports Center, Xaverianenstraat 13, 8200 Brugge (Saturday)

Friday: 17:00 - 19:00 Bukiwaza and Taijutsu.

Hall A Dinner in Brugge (cost not included in seminar fee)

Saturday: Breakfast in Hall A

Hall B 10:00 - 12:00 Taijutsu

12:00 - 13:30 Lunch

13:30 - 16:00 Taijutsu

16:00 - 17:00 Review and Questions

17:00 - 18:00 Pre tests / Examinations.

19:00 Dinner Party (Hall A)

Sunday: Breakfast in Hall A

Hall A 09:30 - 10:45 Bukiwaza

11:00 - 12:15 Taijutsu

13:00 Lunch

Cost: Max price is 275 euros.

Register and pay before January 1st 2024 for a 10% discount.

This is a residential seminar with the cost covering accommodation in Hall A plus all meals (except the dinner on Friday night) and training sessions (10 hours total) included in the price.

Lewis Bio:

Lewis Bernaldo de Quiros trained full time under the late Morihiro Saito Sensei (9th Dan) from 1986 until 1993 in the Iwama Dojo in Japan. Since returning from Japan, he has taught Aikido on a full time basis and to date has conducted well over 400 international seminars.

He is the senior instructor and examiner on behalf of Hombu Dojo of a European network of Dojos (Traditional Aikido Europe) committed to developing, researching and transmitting the style of Aikido known as Takemusu Aikido, which was transmitted directly to Morihiro Saito Sensei from the Founder of Aikido Morihei Ueshiba during his more than 23 years as a direct student at the Founder's Dojo in Iwama Japan.

Lewis is Chairman and Technical Director of Traditional Aikido Europe (TAE)

Insurance: Participants must be adequately insured.

Weapons: Bring own weapons.

For who? For 1st kyu and above.

Registration: Register via the link below. Numbers are limited. Once the seminar is full, applicants will be put on a waiting list.



ICHI REI AIKI-DOJO
www.irad.be



TRADITIONAL AIKIDO EUROPE
www.traditionalaikido.eu

Info + Registration: www.irad.be/seminar-lewis

Contact: Filip Schuerbeke at info@irad.be